

THURSDAY, APRIL 15, 2021
One-on-One Appointments

15 Minute Appointments w/ 5 Minute Transitions

Appointment times are categorized by time zone. Please view the column that corresponds with your specific time zone.

HAWAII	ALASKA	PACIFIC	MOUNTAIN	CENTRAL	EASTERN
	7:00 - 7:15 AM	8:00 - 8:15 AM	9:00 - 9:15 AM	10:00 - 10:15 AM	11:00 - 11:15 AM
	7:20 - 7:35 AM	8:20 - 8:35 AM	9:20 - 9:35 AM	10:20 - 10:35 AM	11:20 - 11:35 AM
	7:40 - 7:55 AM	8:40 - 8:55 AM	9:40 - 9:55 AM	10:40 - 10:55 AM	11:40 - 11:55 AM
7:00 - 7:15 AM	8:00 - 8:15 AM	9:00 - 9:15 AM	10:00 - 10:15 AM	11:00 - 12:00 PM (Lunch)	12:00 - 1:00 PM (Lunch)
7:20 - 7:35 AM	8:20 - 8:35 AM (Break #1)	9:20 - 9:35 AM (Break #1)	10:20 - 10:15 AM (Break #1)		
7:40 - 7:55 AM	8:40 - 8:55 AM	9:40 - 9:55 AM	10:40 - 10:55 AM		
8:00 - 8:15 AM	9:00 - 9:15 AM	10:00 - 10:15 AM	11:00 - 11:15 AM		
8:20 - 8:35 AM (Break #1)	9:20 - 9:35 AM	10:20 - 10:35 AM	11:20 - 11:35 AM	12:20 - 12:35 PM	1:20 - 1:35 PM
8:40 - 8:55 AM	9:40 - 9:55 AM	10:40 - 10:55 AM	11:40 - 11:55 AM	12:40 - 12:55 PM	1:40 - 1:55 PM
9:00 - 9:15 AM	10:00 - 10:15 AM (Break #2)	11:00 - 12:00 PM (Lunch)	Lunch (12:00 - 1:00 PM)	1:00 - 1:15 PM	2:00 - 2:15 PM
9:20 - 9:35 AM	10:20 - 10:35 AM			1:20 - 1:35 PM (Break #1)	2:20 - 2:35 PM (Break #1)
9:40 - 9:55 AM	10:40 - 10:55 AM			1:40 - 1:55 PM	2:40 - 2:55 PM
10:00 - 10:15 AM (Break #2)	11:00 - 11:15 AM	12:00 - 12:15 PM	1:00 - 1:15 PM	2:00 - 2:15 PM	3:00 - 3:15 PM
10:20 - 10:35 AM	11:20 - 11:35 AM	12:20 - 12:35 PM	1:20 - 1:35 PM	2:20 - 2:35 PM	3:20 - 3:35 PM
10:40 - 10:55 AM	11:40 - 11:55 AM (Break #3)	12:40 - 12:55 PM	1:40 - 1:55 PM	2:40 - 2:55 PM	3:40 - 3:55 PM
11:00 - 11:15 AM	12:00 - 12:15 PM	1:00 - 1:15 PM (Break #2)	2:00 - 2:15 PM (Break #2)	3:00 - 3:15 PM (Break #2)	4:00 - 4:15 PM (Break #2)
11:20 - 11:35 AM	12:20 - 12:35 PM	1:20 - 1:35 PM	2:20 - 2:35 PM	3:20 - 3:35 PM	4:20 - 4:35 PM
11:40 - 11:55 AM (Break #3)		1:40 - 1:55 PM	2:40 - 2:55 PM	3:40 - 3:55 PM	4:40 - 4:55 PM
12:00 - 12:15 PM		2:00 - 2:15 PM	3:00 - 3:15 PM	4:00 - 4:15 PM	5:00 - 5:15 PM
12:20 - 12:35 PM					